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ELEVATE

BEYOND DENTISTRY

**DIPLOMA IN ADVANCED
AESTHETIC DENTISTRY**

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Welcome to Elevate



OUR MISSION

To educate, empower and help dental professionals excel by rapidly developing their skills and knowledge using exciting learning techniques and evidence based learning.

OUR VALUES

- > Integrity, honesty and professionalism
- > Dedication, quality and Achievement
- > Loving what we do and having fun whilst doing it!

OUR VISION

To be the company of choice for quality Dental education, providing the best experience and opportunity for Dentist to excel and collaborate with likeminded professionals.

OUR GOALS

- > To be the gold standard trusted dental education provider
- > To support delegates in their journey to ample success
- > To provide a fun, exciting and thought-provoking environment for learning.

Programme Overview

This Diploma is aimed at the higher educational needs of General Dental Practitioners who intend to introduce aesthetic dentistry as a treatment modality into their practices or to expand on existing knowledge and skills. It also instils the core skills essential for the professional practice of dentistry using new technologies and a commitment to lifelong learning.



The programme is multi-modular, and all modules have to be completed to progress through the programme. Students who successfully complete the first stage will have completed a Postgraduate Certificate. At the end of stage two students will have completed a Postgraduate Diploma.

The objective is to provide Dentists with the core knowledge and clinical skills essential for delivering high quality dental care, in accordance with GDC and other internationally recognized guidelines. Additionally, it is to promote an understanding of the different requirements essential to the provision of ethical, predictable and evidence based preventative, orthodontic, restorative and cosmetic dentistry. Ultimately to improve the patient's experience and their care.

By the end of the programme, successful students will have acquired the knowledge, practical skills and experience to confidently:

- > Deliver safe, predictable and competent dental treatment using predictable treatment methodologies
- > Understand their role and responsibilities in the provision of aesthetic dental treatment to their patients using safe protocols which are minimally invasive
- > Be able to communicate more effectively with other professionals in the management of complex cases requiring an interdisciplinary approach
- > Interpret research findings and their implications for aesthetic dental treatment
- > Evaluate various treatment options, using latest digital technologies in order to develop an optimal and realistic treatment plan
- > Understand the major legal, ethical and social implications of aesthetic treatment

Meet the Team



Dr Riaz Yar

Dr. Riaz Yar graduated from the University of Liverpool in 1999 and completed his specialty training in Prosthodontics at the University of Manchester in 2011. Riaz is also an Internal examiner for the Membership of Joint Dental Faculties of the Royal College of Surgeons England.

As well as completing the specialty prosthodontic training, Riaz has undertaken a Diploma in Postgraduate Dental Studies (DPDS) with the University of Bristol and a Diploma in Implant Dentistry with the Royal College of Surgeons, Edinburgh.

Dr Yar lectures nationally and internationally and has most recently completed his Masters in Soft Tissue around Implants and Teeth with Professor Zucchelli (Bologna) and completing his PG Cert in Education. He also a Visiting Professor in Prosthodontics at the College of Medicine and Dentistry – Birmingham / Ulster University. His main topic of interest is TMD and Occlusion.



Dr Sanjay Sethi

Sanjay qualified from Guy's Hospital in 1993 with BDS. He is in private practice in London and has a special interest in aesthetics and implants in dentistry.

He has lectured extensively internationally. He is a full member and Past President of the British Academy of Aesthetic Dentistry, an active member of the European Academy of Esthetic Dentistry and is also a member of the ADI.

Both Sanjay and his brother Nik run independent courses and also are directors of the Aesethix education program.



Dr Nik Sethi

Nik qualified from King's College London in 2009. He has a Master of Science degree in aesthetic dentistry, also at King's College London. Since then he has established himself in private practice in London under the training of Dr Sanjay Sethi, with a keen interest for restorative treatment.

Nik has attended several highly respected year courses on restorative dental training including a year course with Tidu Mankoo and Basil Mizrahi and most recently the full fixed prosthodontic programme by Mauro Fradeani in Italy. Nik became a full member of the British Academy of Aesthetic dentistry in 2017 and currently serves on the Executive Council.

Nik provides regular teaching courses and set up the Aesethix training academy and is a proud director of the Elevate Dental Academy along with Dr Riaz Yar and Sanjay Sethi.

Our Guest Speakers



Dr Nadeem Younis

Nadeem qualified in 1993 from the University of Sheffield and has since been in General Practice in Burnley. He also works as a speciality doctor in orthodontics at Burnley General Hospital. He has a special interest in Aesthetic dentistry and orthodontics.

He has completed courses in orthodontics, restorative dentistry and cosmetic dentistry. His commitment to postgraduate education led to the award of the Diploma in General Dental Practice from the Royal College of Surgeons of England in 1996 and the Diploma in Postgraduate Dental Studies from the University of Bristol in 2007. In 2016, he was awarded an MSc from Bristol University after completing a 2-year research project. He serves on the executive council of the British Academy of Aesthetic Dentistry (BAAD) and is currently the President.

Nadeem has lectured extensively and published articles on aesthetic dentistry and has been running hands on courses for over 20 years for General Dental Practitioners.



Dr Elaine Mo

Elaine graduated from Barts and the London hospital and has developed her skills with extensive postgraduate plus international education as a keen believer in maintaining state of the art knowledge, particularly Invisalign.

As a general practitioner and member of the Joint Dental Faculties of Royal College of Surgeons England, she has a wealth of knowledge in various aspects of Dentistry. With advanced training in Restorative Aesthetic Operative Dentistry, Endodontics and a post graduate certificate in Orthodontics.



Dr Dhru Shah

Dhru Shah graduated from Sheffield University in 2005 and completed his MSc in Dent in periodontics in 2012. Dhru is a registered specialist in periodontics and is the founder and CEO of Dentinal Tubules, inspiring thousands of dentists every year. Dhru is also the founder and trustee of the Tubules Foundation which is building schools in Africa. Dhru's passion is helping dentists find their best version of themselves and super charging their passion in personal, clinical and financial mastery.



Post Graduate Diploma in Advanced Aesthetic Dentistry

- > 18 days - 6 modules over 2 years
- > Hands on training
- > 3 main lecturers to give you personal and bespoke mentoring
- > Integration with your practice manager to book the right treatments after each module
- > Access to online training
- > Energetic learning environment
- > Opportunities to expand career and be involved with teaching
- > Access to detailed reading list and pre recorded lectures

PG CERT in Advanced Aesthetic Dentistry

MODULE 1

Elevate Foundation Aesthetic Principles: Treatment planning and occlusion

Day 1: Examination cycle and "the SMILE"

Understanding the basics foundations for dental health

- > 3 pillars of treatment planning – understanding your patient
- > Facially driven aesthetic treatment planning
- > Foundations and essentials of the smile using Digital and Analogue design
- > Data collection and how to manage your time



Day 2: Communication and patient journey

- > Effective communication and Matrix for fee setting
- > How to present your findings perfectly
- > Overcoming Objections
- > Photography hands on
- > Consent process

Day 3: Occlusion and TMD

- > Learn the key principles of TMD and occlusion and how to manage
- > Assess the health of the masticatory system
- > How to conform and when to reorganise
- > Centric relation and when to use with practical
- > When to use a Facebow with practical

Aims and Learning Outcomes:

- > Enable participants to understand the basic concepts that underpin the clinical assessment with a specific focus on aesthetic principles
- > Understand the concepts of occlusion linked to a full understanding of the temporomandibular (TMD) and masticatory system
- > Develop detailed, evidence based treatment plans

PG CERT in Advanced Aesthetic Dentistry

MODULE 2

Elevate Foundation Restorative Principles: Direct aesthetic restorations – anterior /posterior

Day 1: Preparing for adhesive success

- > Preparing for adhesive success
- > Rubber dam and isolation principles
- > Posterior cavity design for adhesive restorations
Hands on
- > Anterior cavity design for adhesive restorations
Hands on



Day 2: Posterior composite restorations

- > Morphology
- > Hands on class I occlusal composite with a layered approach
- > Sectional matrix band and wedge selection
- > Hands on Class II an injection moulded approach

Day 3: Anterior composite restorations

- > Anterior tooth morphology
- > Shade taking
- > Hands on Class IV build up with a layered approach
- > Diastema closure using an injection moulded approach
- > Polishing and finishing

Aims and Learning Outcomes:

- > Emphasise current theories relevant to direct aesthetic restoration of the anterior and posterior teeth
- > To give students an understanding of the scientific basis of direct aesthetic restorative materials
- > Provide students with a pragmatic approach to restoring anterior and posterior teeth using aesthetic materials

PG CERT in Advanced Aesthetic Dentistry

MODULE 3

Elevate Foundation Restorative Principles: Indirect aesthetic restorations – anterior /posterior

Day 1: Treatment planning and preparation for the single central crown

- > Internal and external whitening principles
- > Hands on internal whitening
- > Material choices, shade taking and lab communication for a single central crown
- > Hands on preparation for an all ceramic crown from an index

Day 2: Veneer preparations and making provisional restorations

- > Advanced smile design
- > Veneer principles for preparation and cementation
- > Hands on veneer preparation through a diagnostic try in
- > Provisionalisation – protocols

Day 3: Functional Indirect Posterior Onlays (the FIPO Concept)

- > Modern conservative onlay preparations for composite and ceramic materials
- > Pre-occlusal assessments and ensuring functional stability
- > Hands on practical for preparation and cementation
- > Post cementation precision occlusal adjustments



Aims and Learning Outcomes:

- > Emphasise current theories relevant to indirect aesthetic restorations of the anterior and posterior teeth using minimally invasive techniques
- > To give students an understanding of the scientific basis of indirect aesthetic restorative materials using minimally invasive techniques
- > Provide students with a pragmatic approach to restoring anterior and posterior teeth using indirect aesthetic materials

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MODULE 4

Elevate Advanced Occlusion and Advanced Toothwear Management

Day 1: Demonstrate critical understanding of the principles of Advanced Occlusion

- > Articulators and when to use
- > How to increase occlusal vertical dimension guided by aesthetic parameters
- > Diagnostic wax up and laboratory communication
- > Principles of Functional occlusion

Day 2: Demonstrate skills in collection and synthesis of clinical data using digital and analogue methods

- > Occlusal design using analogue and digital methods
- > Splints and when to use

Day 3: Understand tooth wear and it's management

- > Etiology and diagnosis for tooth surface loss
- > Management of localised and generalised toothwear



Aims and Learning Outcomes:

- > To provide clinical, practical and theoretical training in the use of articulators and increasing occlusal vertical dimension in aesthetic rehabilitations
- > To provide clinical training in functional occlusion using digital methods
- > To provide clinical, practical and theoretical training in the use of splints
- > To understand the clinical management and skills required to manage tooth surface loss using direct and indirect techniques

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MODULE 5

Elevate Advanced Aesthetics including Pink Aesthetics

Day 1: Demonstrate critical understanding of the principles of digital smile design

- > Digital smile design in the communication of treatment planning and presentation
- > Diagnostic mock ups and methods used to transfer into the mouth

Day 2: Understand Soft tissue and its management

- > Periodontal Classifications and its roles in aesthetics
- > Soft tissue surgery – crown lengthening vs. gingivectomy
- > Managing Gingival recession and associated non-carious cervical lesions



Aims and Learning Outcomes:

- > Provide students with a pragmatic approach to planning a case using digital smile design with 2D and 3D approaches
- > Equip students with the knowledge of digital technologies to aid in the creation of 2D and 3D Smile Mockups
- > To understand the clinical management and skills required to transfer a provisional smile including laboratory communication
- > Provides students with an understanding of the soft tissue aesthetics and its management

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MODULE 6

Elevate Advanced Prosthodontics and Advanced Multi-disciplinary Endodontics and Orthodontics

Day 1: Demonstrate critical understanding of the principles of fixed prosthodontics related to bridges

- > Bridge vs. implants
- > Abutment planning and design
- > Bridge design – adhesive, conventional, hybrid
- > Pontic site development to ensure aesthetic symmetry
- > Material overview and choices

Day 2: Demonstrate critical understanding of the principles of dental implants

- > Treatment planning the use of implants in fixed prosthodontics and aesthetic rehabilitations
- > Process of socket preservation

Day 3: Endodontic techniques used clinically to resolve complex endodontic disease

- > Treatment planning and Managing endodontic disease with the use of rotary systems, irrigation methods and obturation techniques
- > How to restore the root filled tooth – fibre posts vs. metal
- > Core builds and deep margin elevation

Day 4: Orthodontic digital techniques used clinically to resolve crowding

- > Orthodontic principles and assessment
- > Intra-oral scanning for orthodontics smiles
- > Communication with referrers for effective patient management



Aims and Learning Outcomes:

- > To give students an understanding of the scientific basis of fixed prosthodontics focusing on bridges and implants
- > To understand the clinical management and skills required to design conventional/ adhesive bridges
- > To provide basic training in implant recognition and specialised training with current implant systems
- > To provide an overview of modern endodontic techniques used clinically to resolve complex endodontic disease
- > To provide an overview of modern orthodontic digital techniques used clinically to resolve crowding and introduce students to general digital orthodontic principles



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READY TO BOOK?

Visit our website www.elevate-dent.com
navigate to the Diploma page and complete
the Diploma application form.

A member of the team will be in touch.

NEED MORE INFORMATION?

Use the Contact button on our [website](#) or email
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